



ASSOCIATION FOR WOMEN IN SCIENCE
PALO ALTO CHAPTER
<http://www.pa-awis.org/>
<http://www.awis.org/>
 January/February 2003

December Meeting Highlights: Women and Investing

by *Silke Thode*

At the December 3 meeting, AWIS hosted Desiree Oliver, a Financial Advisor with Morgan Stanley who spoke to the group about what every woman needs to know about investing. She shared statistics on women investing, as well as checklists and worksheets to help members get started making their own financial plans. She advised attendees on how to develop their own living financial document with specific, measurable, and actionable goals. If you would like more information or missed any handouts, please feel free to email her at desiree.oliver@morganstanley.com or call her at 650-340-6535.

President's Note

by *Michelle Boytim*

Welcome back from the holidays! Even though the New Year is just beginning, I would like to remind you of several important items. We will be printing a new directory for chapter members, so please remember to update your contact information. This can be done via our website (look for the link on the main page) or by contacting Lalitha, our Membership chair.

Chapter elections will be coming up in March (see article on page 2). We are now accepting nominations for all of the board positions (President, Vice President, Treasurer, Secretary, and Member at Large). For more information on each position, please feel free to contact any of the board members. As stated in our bylaws, a person can only hold office for a maximum of two years, requiring turnover of our Secretary and Treasurer positions this year. We encourage people to self-nominate. Please contact me or Fong-Yih Bih with

nominations. Our contact information is on the back of the newsletter.

Thank you for your participation!

Note from the Editor

by *Avital Bareket-Samish, newsletter editor*

I joined AWIS three years ago as I found the comradeship between women scientists inspiring. I found AWIS to be very helpful in my personal career development, and I consider being the newsletter editor as an opportunity to give something back to the AWIS community.

Hence, I am excited to present my first newsletter. I hope you enjoy reading it as much as I enjoyed preparing it for publication. Thank you all for contributing to the newsletter with your ideas, articles, and news. Please feel free to contact me (bareket_samish@sbcglobal.net) with submissions and suggestions.

I wish you all the best in this coming year!

Winter Workshop Announcement

Stay tuned for the Annual NCC-AWIS Winter Workshop, 2003: "Professional Conduct for Power and Success"

Invited guest speaker: Syndi Seid, founder and Director of Advanced Etiquette, a company based in San Francisco dedicated to teaching world-class personal skills

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Winter Workshop Announcement continued

Date: Saturday, March 15
Location: TBA

This interactive professional business development workshop will provide a number of strategic do's and don'ts, guidelines and tools on professional image and business communication skills. We will benefit from Syndi Seid's tips on how to be assertive without being aggressive, how to get out successfully from a difficult situation, how to handle difficult people, and how to maximize our networking effectiveness in business and social functions. Syndi's presentation will help us to create a new image for success and successful business interactions. Among Syndi Seid's clients are Hewlett-Packard and Agilent Technologies Worldwide, Sprint Corporation and Marriott Hotels Corporation. She has appeared on radio and television shows across the country and internationally and has been featured in many magazines and newspapers. We invite all AWIS members, colleagues and friends, whether educators, scientists or aspiring professionals to attend this seminar. The speaker's advice will help us to overcome fears and insecurities in areas of business etiquette, gaining thus a self-confidence and authority in any situation, anywhere in the world. Registration will open soon. Members \$25, Non-members \$40.

Recent Board Meeting Minutes

by Nancy Jennerjohn

Erin Cline, Treasurer, reported that chapter finances have improved. Our current balance is \$1873.30, up from \$332.98 in July. Outreach expenses have stabilized, Stanford has sponsored Mentoring (thank you Helen!), and more money has been contributed by meeting attendees.

Committee Chairs presented updates. Katy Korsmeyer (Outreach) described some activities done with K-6 children. Kam Dahlquist reported that Programs has more ideas for chapter meeting topics than chapter meetings! Fong-Yih Bih (Vice President) has lined up several meeting sponsors (thanks!). Susan Bernhard reported that there are 80 people (40 mentor/protégé pairs) in the Mentoring program this year. Michelle Boytim, President and Webmistress, reported that our chapter's website continues to flourish. Laurence Fayadat (Industry Contacts) reported that several companies will put up flyers about our chapter meetings at their work sites, but more industry contacts are needed. Christine Jesser, our NCC rep, shared highlights of the Nov. 16, 2002 NCC meeting. Christine is in charge of the next 2 issues of the NCC newsletter. Article ideas are

welcome.

New Business: The Board voted unanimously to publish a new Membership Directory in February (after the January social so new members can be included). We shall ask all members, via 2 emails, to update their membership information on the form on the chapter website. Back-up plan is to make personal phone calls to increase participation.

Mentoring Program Update

See you on January 21st!

by Helen Moore and Susan Bernhard, Mentoring co-Chairs 2002-03

Greetings! The Mentoring program has over 80 participants this year, roughly divided between mentors and proteges who are all graduate students at Stanford in science, engineering or math. We have made 38 pairs at last count. Our big news this fall was that the Associate Dean of Graduate Affairs approved \$1200 support for AWIS Mentoring this year. The funds will pay for dinners at meetings for the students and their mentors. (Thanks Helen for pulling the purse-strings!)

Two fall meetings brought participants together for networking and we have planned two meetings for spring – on January 21 and May 22. The January 21 meeting will address a topic that interests both mentors and proteges – such as communication skills or decision making. We are considering a panel discussion on careers for our May 22 meeting. Mentors help students over some of the speed-bumps of graduate life and in return make a connection with women in the next generation of scientists. Join us as a drop-in mentor and see how rewarding it can be!

❖ NEWS and INVITATIONS

Election News

Here is your chance to make an important contribution to our chapter! Nominate yourself for a position on the Board. Elections for 5 Executive Committee positions are held each year in March. The Executive Committee is comprised the President, Vice-President, Secretary, Member-at-Large, and Treasurer. The new Board takes over in June with a crossover/training period in April and May.

Chapter President. The duties of the president as spelled in the bylaws are:

- a. Serve as the principal addressee and contact person for AWIS-Palo Alto, coordinate communication with National AWIS, other AWIS chapters, and outside organizations.
- b. Call and preside at board meeting.
- c. Submit an annual report of chapter activities to National AWIS.

Chapter Vice-President. The vice president works with the president to achieve the purpose of AWIS-Palo Alto.

Chapter Secretary. The duties of the Secretary average about 4 hours per month. The previous Secretary will train, and be available for consultation and assistance as needed. The formal duties of the chapter secretary are spelled out in our chapter bylaws. The Secretary shall:

- a. Record and keep the minutes of board meetings and maintain pertinent records and correspondence.
- b. Transmit board meeting minutes to board members and submit a board meeting report for publication in the Newsletter.
- c. The secretary is also responsible for archiving documents and reports that other board members request her to archive, such as all annual reports.

If you would like more information before offering your services as Secretary, feel free to phone (510-889-8457) or email (NJnnrjhn@aol.com) our current secretary, Nancy Jennerjohn.

Chapter Treasurer The duties of the treasurer as spelled in the bylaws are:

- a. Receive all chapter income and keep it in an authorized and insured financial institution.
- b. Disburse all moneys to be paid by AWIS-Palo Alto as authorized by the board.
- c. Maintain financial records of AWIS-Palo Alto.
- d. Advise AWIS-Palo Alto of its financial status at each board meeting.
- e. Prepare an annual financial report.

Chapter Member-at-Large The member at large shall:

- a. Work with the president and other board members to achieve the purpose of AWIS-Palo Alto.
- b. Cast tie-breaking vote if needed.

If you are interested in any Board position, please contact one of the current Board members. Our contact info is on the back of the newsletter

NCC representative needed!

by Christine Jesser

Serve as the Palo Alto AWIS representative to the Northern California Chapter of AWIS! You will have the opportunity to participate in the planning and execution of the ever-popular Winter Workshop and the Recognition Awards banquet, among other activities. NCC AWIS is also responsible for corporate sponsorship of the three member chapters: East Bay, Sacramento and Palo Alto. This is a great way to network with members of other chapters, learn the "ins and outs" of corporate sponsorship, and discover what other chapters are up to. For details please contact Christine Jesser at christine@jesser.net

Invitation to Mentor Social

by Helen Moore and Susan Bernhard, Mentoring Co-Chairs

The Mentoring Committee will host a winter wine-and-cheese social for Mentors on Monday, January 13th, 7pm-9pm in Menlo Park. RSVP required. You are invited to attend this event, that will reward past and present mentors for contributing their time and energy to the Mentoring Program – nurture connections between mentors, and provide an opportunity for networking. To join us for the social, please RSVP by email to Susan at susan_bernhard@baxter.com to receive directions.

Call for Recognition Award Nomination

Staff Correspondent

Each year NCC-AWIS presents awards to women who have combined their professional activities with support of other women in science. Training and education in science is not enough. We each need to find our individual ways of using our science and developing a professional life and career. In honoring individual women, AWIS recognizes the importance of mentoring and of teaching and sharing with others more than just the content and techniques of our science.

We give awards in three professional categories. Two awards go to women working in research or technological advancements in academia or industry: one, the Judith Pool award, to a woman

established in her field, one, the Ellen Weaver award, to a woman early in her career. A third award, the Distinguished Professional award, goes to a woman using her science away from the bench. Service to other women in science could be to the scientific community through professional societies or schools or to individual women directly through mentoring and facilitating career development. The nominees need not be AWIS members.

What do all the previous recipients of these awards have in common? Someone nominated them. Most mentoring and professional assistance is done privately, one-on-one. AWIS cannot honor these women and recognize the importance and value of what they do if we don't know who they are.

To nominate a woman send a letter of nomination explaining how the nominee has helped other women develop professionally and a brief resume or CV giving the nominee's educational background and professional history, to Mary Alice Yund, 723 Woodhaven Road, Berkeley, CA 94708, fax (510) 525-1715, or email. Questions? Contact Mary Alice at (510) 525-1715 or yund@worldnet.att.net.

The 3rd National Postdoc Network Meeting

The meeting, titled "Changing the Culture of Science", will be held at 15-17 March 2003, in Berkeley, CA

Several national reports, from the CPST Postdocs and Career Prospects Status Report (1997) to the AAU Committee on Postdoctoral Education Report (1998), the National Academies' COSEPUP Guide for Postdocs (2000), and the NRC National Needs Report (2000), have clearly elucidated the dire circumstances of postdocs in the research enterprise. Many studies have also offered suggestions for policies and programs aimed at improving the postdoctoral experience. However, a number of questions remain open: Are conditions improving? What are other institutions doing? How can I implement change at my institution?

With this in mind, the Postdoc Network is organizing a third national meeting to discuss postdoctoral policies and programs. We invite postdocs, principal investigators, mentors, research administrators, disciplinary societies, postdoc office administrators, funding agencies, and policymakers to attend. Speakers represent a cross section of the postdoc policy stakeholder arena, from professional society representatives, postdoc leaders, and administrators, to education and policy leaders.

National efforts at postdoc policy reform will be the focus of the first day of the meeting. On the second day, the University of California system will serve as a case study, through which we will examine ongoing efforts to change institutional

policies affecting postdocs. In addition to policy discussions, we will offer a two-part workshop on leadership and teambuilding skills.

M. R. C. Greenwood will deliver the keynote address. A renowned scientist and chancellor of the University of California, Santa Cruz, Greenwood is also chair of the NRC Office of Science and Engineering Policy Advisory Board, serves on the board of Joint Venture Silicon Valley, served as a board member of the National Association of State Universities and Land Grant Colleges, and was an associate director for science at the U.S. Office of Science and Technology Policy.

The program will be finalized in January 2003. For more information, please see the agenda posted at <http://nextwave.sciencemag.org/cgi/content/full/2002/12/03/10> or contact postdocnetwork@aaas.org.

✧ RESOURCES

Women in science issues

One of our AWIS sponsors, BioView.com, has posted several original articles on Women in Science on their site.

Here are the links as provided by Holly Larsen of BioView.com. The url to all articles is: <http://www.biolinks.com/cgi-bin/list?category=articles&type=women&td=women>

The eclectic collection of topics includes:

- (1) A Commitment to Breast Cancer Research: Dr. Allison Jablonski discusses the ups and downs of an academic career
http://www.bioview.com/channels/wis/article_breastcancer.html
- (2) A Science Career with a Twist: A discussion with Dr. Mary Helen Barcellos-Hoff
http://www.bioview.com/channels/wis/article_careertwist.html
- (3) From Computers to Life Science
http://www.bioview.com/channels/wis/article_computers.html
- (4) Rewriting the Story on Women's Salaries: Negotiating tips for your next interview
http://www.bioview.com/channels/wis/article_negotiate.html

Booklist

If you're interested in new books check out "Patently Female" a book with short descriptions about all kinds of inventions by women in the 20th century.

East Bay AWIS



East Bay Chapter of the
Association for Women in

JANUARY MEETING

Thursday January 16, 2003

Chiron Corporation, Hortin St., Emeryville
6:30 PM catered light, cold supper

Building 4, Room 4.104
7:00 PM meeting

"Do Your Habits Limit Your Success?"

Speaker: Jean O'Neill
Productive Learning & Leisure

Jean graduated from Highland School of Nursing in Oakland in 1968 and worked as a hospital staff nurse until 1976 when she moved into nursing administration. In 1982 she earned her BSN, then in 1985 her Masters in Public Administration. Most recently, Jean worked for Contra Costa County as the Director of Nurses for 11 health centers throughout the county. As a person clearly focused on helping others, Jean was drawn to the founders of Productive Learning & Leisure and the work she saw them doing with individuals, as well as companies. She began working for the company part-time when it was formed in 1993 while still holding a full-time position as Director of Nurses. Now that Jean has formally retired from the nursing profession, she is involved in the training and seminar programs of Productive Learning & Leisure as a trainer, a presenter and a sales support specialist.

Come join us for this meeting to listen to this valuable presentation!

For more ebAWIS chapter information please refer to our website at www.ebawis.org.
For questions regarding the Chiron meeting site, contact AB Jefferson at AB_Jefferson@chiron.com

Meetings are open to non-AWIS members
Men, Women, Scientists, and Non-Scientists are Welcome!

For more ebAWIS information call: Kitty de Jong 510-450-7622
Alena Cowan 510-705-7496
Or visit the website: www.ebawis.org

Midwinter Networking Social

Chase away those winter blahs with some hot chocolate and friendly networking!

- We will introduce an effective networking game that enables you to meet and exchange information with many people in a very short time.
- Afterwards, we will break up into small groups, based on interests.
- You will get to meet EVERYONE in an informal, friendly setting!
- Come to polish up your 'introduction', exchange cards, share networking skills, make new friends, and find out who's doing what in Bay Area science.

DATE:	Wednesday, January 29, 2003
TIME:	7:00 pm - 9:00 pm
LOCATION:	PARC Auditorium 3333 Coyote Hill Rd, Palo Alto

Schedule

7:00-7:30 pm	Networking and light Supper (pizza)
7:30-7:45 pm	Announcements
7:45-8:45 pm	Roundtable Program
8:45-9:00 pm	Wrap-up

- ***Welcome!! The Meeting is free. You do not need to be a Member to attend.
All scientists, students, and their friends are welcome! Men too!***

Directions from the North:

Take Hwy 280 SOUTH, exit at Page Mill Rd and at the bottom of the ramp turn LEFT and head towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC (formerly Xerox PARC) is on the left, just past the crest of the hill. Enter main door and look for signs to the Auditorium.

Directions from the South:

Take Hwy 280 NORTH, exit at Page Mill Road, turn RIGHT at the bottom of the off ramp and head up hill towards Palo Alto. Turn RIGHT onto Coyote Hill Road. PARC is on the left, (follow directions above).

ALTERNATE: Take Hwy 101, exit at Oregon Expressway heading west towards Stanford. As you cross El Camino, Oregon is renamed Page Mill Road. Follow Page Mill Road WEST, cross Foothill Expressway, and take a LEFT on Coyote Hill Road. PARC is on the left, (follow directions above to Auditorium).

LOCAL (from Stanford): Take Foothill SOUTH towards Los Altos, and turn RIGHT at Page Mill Road heading WEST. Turn LEFT onto Coyote Hill Road. PARC is on the left, (follow directions above to Auditorium).
See also www.parc.com/company/directions.html

February Meeting - Association for Women In Science (AWIS), Palo Alto

Julie Phillips

Biologist and Environmentalist, De Anza College

Green Building: Working Toward A Sustainable Future A Biologists Perspective

The State of California is committed to having a "Green" building on every community college campus in the state. Julie Phillips, the coordinator for of the new Environmental Studies Program at De Anza is spearheading the efforts to build the first sustainable "green" building within California's 107 community colleges. This initiative will not only reduce costs, save energy and minimize environmental impact but will also serve as an educational opportunity to teach students and the community how to incorporate environmental 'best practices' into their everyday life.

Come find out what Green Building is and the LEED Green building standards that guide building efforts on to a more sustainable path. Learn about sustainable building principles and resources available to you.

DATE:	Wednesday, February 26, 2003
TIME:	7:00 pm - 9:00 pm
LOCATION:	PARC Auditorium 3333 Coyote Hill Rd, Palo Alto

Schedule

7:00-7:30 pm	Networking and light supper
7:30-7:45 pm	Announcements
7:45-8:45 pm	Program
8:45-9:00 pm	Discussion

- ***Welcome!! The Meeting is free. You don't need to be a Member to attend. All scientists, students, and their friends are welcome. Men too!***

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See also <http://www.parc.com/company/directions.html>

CALENDAR of EVENTS

BioScience Forum

Wednesday, January 8
11:00am-6:00pm

Clinical trial symposium 2003

San Mateo, CA

Please visit www.biosf.org for details

AWIS mentoring meeting

Monday, January 13

Mentor social.

Join mentors past present and future for wine-and cheese as we discuss ideas for the next 2 programs and ways to make mentoring more successful.

RSVP to
mentoring_awis@yahoo.com

BioScience Forum

Wednesday, January 15
6:00-8:00pm

Cysteine Proteases in the Regulated Secretory Pathway as Major Beta-Secretases for Alzheimer's Disease: Unique High Throughput Screens for Drug Developments

Vivian Hook, Ph.D.
Buck Institute for Age Research and
UC San Diego

San Mateo, CA

Please visit www.biosf.org for details

January ebAWIS Chapter Meeting

Thursday, January 16
6:30-8:30pm

How Our Habits Limit Our Success.

Jean O'Neill

Chiron Corporation, Emeryville, CA

Please visit www.ebawis.org and see page 5 for details.

American Chemical Soc.

Friday, January 17
6:00-9:00PM

The elements of leadership

Mosher Award winner Dr C Marvin Lang.

Biltmore hotel, Santa Clara, CA

Please visit www.scvacs.org for details

AWIS mentoring meeting

Tuesday, January 21
Stanford Campus

Come as a drop-in mentor.

RSVP required to
mentoring_awis@yahoo.com

January Palo Alto Chapter Meeting

Wednesday, January 29
7:00-9:00 pm

Midwinter Networking Social

PARC Auditorium
3333 Coyote Hill Road, Palo Alto

See flyer on page 6 for more details.

February BioE2E meeting

Wednesday, February 5
7:00-9:00pm

Biotech Business Models

Wilson Sonsini Goodrich and Rosati
950 Page Mill Road, Palo Alto

Cost: \$20 at the door.
Please visit www.bioe2e for details

BioScience Forum

Wednesday, February 19
6:00-8:00pm

Title:TBA

Dr. Geoffrey Duyk, Executive Vice
President and Chief Scientific
Officer, Exelixis

San Mateo Marriott Hotel
San Mateo, CA

Please visit www.biosf.org for details

February Palo Alto Chapter Meeting

Wednesday, February 26
7:00-9:00 pm

Green Building: Working Toward A
Sustainable Future, A Biologist
Perspective

Julie Phillips, De Anza College

PARC Auditorium
3333 Coyote Hill Road, Palo Alto

See flyer on page 7 for more
details.

Annual Bay Area AWIS Winter Workshop

Saturday, March 15

Professional conduct for power
and success

Syndi Seid, Founder and Director
of Advanced
Etiquette, San Francisco.

Location TBA

Please see page 1 for details

ASSOCIATION FOR WOMEN IN SCIENCE PALO ALTO CHAPTER

<http://www.pa-awis.org/>
<http://www.awis.org/>

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Chapter dues \$25.00 per year. Student/unemployed \$10.00. Membership in National AWIS required. Pick up an application at a chapter meeting or visit the web site!



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PALO ALTO CHAPTER
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